

Workbook : Osteomyelitis

This workbook has been designed to be used in conjunction with the course reading booklet. You are free to complete as few or as many of the tasks as you wish. The workbook can then be added to your CPD portfolio as evidence of your activity. It also provides room for you to reflect your thoughts in relation to this course and your learning experience.

1	What is the difference between endogenous and exogenous osteomyelitis ?
2	Give 6 risk factors for osteomyelitis, and for each explain why this is so.

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3	Why is osteomyelitis difficult to treat successfully ?
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4	Which organisms are more commonly responsible for osteomyelitis ?
5	Why are mouth injuries associated with an increased risk of developing osteomyelitis ?
6	Describe the pathological process of osteomyelitis in the long bone of a child.

7	How might pathological change be different in an adult, and why ?

8

Describe the signs and symptoms of osteomyelitis, including laboratory and radiological changes.

9

How is the Cierny-Mader Staging system used to indicate disease status ?

10

What would be the treatment regime in a high-risk patient with chronic osteomyelitis ?

Reflection.

Take some time to think about the learning that you have completed using this course. Was it useful, was it interesting, was it applicable to your practice? Is there anything in particular you have gained from the course, and does it encourage you to alter your practice? Have you enjoyed it?

These are all questions you should ask yourself before you complete your reflective account below, as these are key points that you need to mention.

How much time have you spent completing this course?	
Did you complete the course on your own, or as part of a learning group?	

Your general reflective account :

Key Learning / Practice points (list up to 5) :

1.

2.

3.

4.

5.

If you feel you have any further comments to make about your

learning, please use the space below.

