

## Workbook : Renal Disease.

This workbook has been designed to be used in conjunction with the course reading booklet. You are free to complete as few or as many of the tasks as you wish. The workbook can then be added to your CPD portfolio as evidence of your activity. It also provides room for you to reflect your thoughts in relation to this course and your learning experience.

## Self-assessment : Renal Disease.

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| 1. | Define the term 'renal failure'.                                       |
| 2. | What are the most common organisms which cause UTIs in the community ? |
| 3. | What are the typical clinical features of cystitis ?                   |

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| 4. | What are kidney stones, and how do they cause renal colic?                        |
| 5. | Define the terms :<br>Haematuria -<br><br>Proteinuria -<br><br>Microalbuminuria - |

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|    | Nephrotic syndrome -  |
| 6. | What is the difference between acute and chronic renal failure? |
| 7. | Give the features of acute renal failure.                       |

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| 8.  | Why does increased age contribute to the development of ARF?                        |
| 10. | At what point does chronic renal failure become defined as end stage renal failure? |
| 11. | What is renal osteodystrophy, and what consequences may it have for the patient?    |

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| 12. | What management therapies are commonly used in the treatment of acute and chronic renal failure? Briefly give a description of each. |
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| 13. | What contra-indications are there to renal transplantation?        |
| 14. | How can large vessel disease present as a renal vascular disorder? |

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| 15. | In small vessel renal disease what is 'HUS' and 'TTP' ? |
| 16. | Why would glomerular disease affect kidney function?    |

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| 17. | What is polycystic kidney disease?  |
| 18. | What systemic disorders might you expect to have renal manifestations, and why? |

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| 19. | Why is pre-eclampsia potentially dangerous during pregnancy? |
| 20. | Which drugs are known at induce renal disease?               |

## Reflection.

Take some time to think about the learning that you have completed using this course. Was it useful, was it interesting, was it applicable to your practice? Is there anything in particular you have gained from the course, and does it encourage you to alter your practice? Have you enjoyed it?

These are all questions you should ask yourself before you complete your reflective account below, as these are key points that you need to mention.

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| How much time have you spent completing this course?                     |  |
| Did you complete the course on your own, or as part of a learning group? |  |

Your general reflective account :

Key Learning / Practice points (list up to 5) :

1.

2.

3.

4.

5.

If you feel you have any further comments to make about your learning, please use the space below.

